

# SUMMER SPORTS DAY CAMP 2018

FROM May 29<sup>th</sup> – July 27<sup>th</sup>, 2018

FOR GIRLS AGES 5\*-12 AND BOYS AGES 5\*-10

ONE WEEK OF OUR FUN! FUN! FUN! CAMP INCLUDES:

- Gymnastics, and Tumbling with our trained coaches
- Rock-Climbing, Bungee, Zip-Line, Trampolines, Air Hockey, and Moonwalks
  - Swimming Daily (Weather Permitting)
- Field Sports--Kickball, Soccer, Frisbee, etc.(Weather Permitting)
  - Open Gym Time (KID'S FAVORITE!)
    - Fun and Games of all Kinds

WE DON'T GO ON FIELD TRIPS! **WE ARE THE FIELD TRIP!** WHERE ELSE CAN YOUR CHILD DO ALL THIS? EVERYTHING IN ONE LOCATION! ALL ACTIVITIES TAKE PLACE AT ROCKDALE GYMNASTICS!

We provide activities from 9:00 a.m. to 4:00 p.m.  
Supervision is provided from 7:30 a.m. to 6:00 p.m. SHARP!

**CAMP REGISTRATION FEE: \$30 per child, per year, due at sign-up.**  
(No Sibling discount. This fee is waived if you've already paid the Reg. Fee for Classes.)

## SPORTS DAY CAMP COSTS:

<u># OF WEEKS</u>	<u>1<sup>ST</sup> CHILD</u>	<u>2<sup>ND</sup> CHILD</u>	<u>3<sup>RD</sup> CHILD</u>
1	\$150/WK	\$135/WK	\$125/WK
2	\$140/WK	\$125/WK	\$120/WK
3	\$130/WK	\$115/WK	\$110/WK
4 OR MORE	\$120/WK	\$105/WK	\$100/WK

Discounts are calculated when you sign up. 2<sup>nd</sup> and 3<sup>rd</sup> child discounts apply only to siblings. **If you decide to add weeks later in the summer, you will receive discounts for the added weeks only.**

**A Non-Refundable Deposit will be due at sign-up.**

The *deposit is the first and last week of CAMP that you reserve*  
CAMP REGISTRATION FEE IS DUE ON SIGN UP (nonrefundable )

All deposits are applied to your child's 1<sup>st</sup> & **LAST WEEK** of camp.

Please understand that your deposit is non-refundable.

After you register your child for Summer Camp and decide to not attend any weeks you signed up for, you must notify the front office in *writing* or you will be charged a \$25.00 processing fee if the child just doesn't show up.

**THE GYM WILL ALSO BE CLOSED Monday May 29<sup>th</sup> for Memorial Day**  
**TO REGISTER FOR SUMMER CAMP, STOP BY THE FRONT OFFICE AND FILL OUT THE PROPER REGISTRATION FORMS. BRING YOUR CHILD'S HEALTH INSURANCE CARD SO WE CAN MAKE A COPY!**

**YOUR CHILD MUST HAVE HEALTH INSURANCE IN ORDER TO ATTEND OUR DAY CAMP!**



**Rockdale Gymnastics, Cheerleading & Dance Registration Form**

**PARENTS: (Please Print)**

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency: Name: \_\_\_\_\_ Number: \_\_\_\_\_

MOM WORK: \_\_\_\_\_ MOM CELL: \_\_\_\_\_ DAD WORK: \_\_\_\_\_ DAD CELL: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**STUDENT INFO:**

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Sex: M or F

School's Name: \_\_\_\_\_

Any Medical Conditions: \_\_\_\_\_

How Did You Hear About Our Facility? \_\_\_\_\_

**LIABILITY WAIVER & CONSENT FOR MEDICAL TREATMENT**

In consideration of being permitted to participate in any way in the Gymnastics Program indicated below and/or being permitted to enter for any purpose any restricted area (herein defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

1. The parent(s) and/or legal guardians will instruct the minor participant that prior to participating in the below gymnastics activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agree that, if any time, I feel anything to be UNSAFE, I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.

2. I/WE fully understand and acknowledge that:

- (a) There are risks and dangers associated with participation in gymnastics events and activities which could result in bodily injury, partial and/or total disability, paralysis and death.
- (b) The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
- (c) These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but limited to, the Releasees named below.
- (d) There may be other risks not known to us or are not reasonably foreseeable at this time.

3. I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused and whether caused in whole or in part by the negligence of the Releasees named below.

4. I/WE HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the gymnasium or gymnastics facility used by the minor participant, including its owners, managers, promoters, lessees of premises used to conduct the gymnastics event or program, premises and event inspectors, underwriters, consultants and other who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the gymnasium or gymnastic facility or events held at such gymnasium or gymnastics facility and each of them, their directors, officers, agents, employees, all for the purposes herein referred to as "Releasee" . . .FROM ALL LIABILITY TO THE UNDERSIGNED, my/our personal representatives, assigns, executors, heirs and next of kin FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES AND ANY CLAIMS OR DEMANDS THEREFORE ON ACCOUNT OF ANY INJURY, INCLUDING BUT NOT LIMITED TO THE DEATH OF THE PARTICIPANT OR DAMAGE TO PROPERTY ARISING OUT OF OR RELATING TO THE Events CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

5. I/WE HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) ARE VERY DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite this release, the participant makes a claim against any of the Releasees, the parent(s) and or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless.

I, the undersigned parent/guardian of the above listed student, do hereby grant the authority to the staff of Rockdale Gymnastics, Cheerleading & Dance, Rockdale Karate and The Skatepark to render judgement concerning medical assistance in the event of an accident, injury, or illness if they are unable to contact a parent or legal guardian. I further authorize simple first aid, a medical or surgical diagnosis and treatment which may be deemed necessary.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OR RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

I HAVE READ THE GYMNASTICS PROCEDURES AND AGREE TO ABIDE BY THEM FULLY. I ALSO AGREE TO NEVER DEDUCT FROM TUITION FOR CLASSES MISSED.

Student's Name

LAST

FIRST

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date



# SUMMER SPORTS CAMP



## 2018 ADDENDUM

**PLEASE READ THE FOLLOWING  
AND INITIAL THAT YOU AGREE AND UNDERSTAND!**

**Child's Name** \_\_\_\_\_ **Date** \_\_\_\_\_

- 1. I fully understand that the deposit I pay for summer camp will be applied to my child(ren's) 1<sup>st</sup> & last week of camp. \_\_\_\_\_**
- 2. I understand that the deposit is non-refundable. \_\_\_\_\_**
- 3. I agree to pay my child(ren's) weekly tuition by each MONDAY. \_\_\_\_\_  
You may pay on line also**
- 4. I understand that my tuition will not be pro-rated for missed days, nor will my child be able to make up days that he/she missed. \_\_\_\_\_**
- 5. I understand that a week of camp is considered Monday thru Friday, not a combination of days from different weeks. \_\_\_\_\_**
- 6. I understand I must pick up my child(ren) by 6:00 p.m. thru the KARATE ROOM entrance in the back of the gym, and I must sign them out. \_\_\_\_\_  
With ID**
- ❖ 7. I understand a \$25.00 processing fee will be charged if I do not notify the front office in *writing* if I decide my child will not attend a week of camp they signed up for. \_\_\_\_\_**
- 8. Photos may be posted on our web page of camp children, and my child's(ren) picture may be posted. \_\_\_\_\_**
- 9. I understand Rockdale Gymnastics is not Responsible for Personal Belongings left at The gym After 30 days items will be given to charity \_\_\_\_\_**

**I MUST LABEL ALL ITEMS WITH CHILDS NAME AND PHONE #**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

child's name

770-483-0229

Child Pick-Up  
Authorization Form

Rockdale Gymnastics  
1774 Old Covington Road  
Conyers, Ga 30013

PLEASE PRINT:

I \_\_\_\_\_ as parent/guardian of \_\_\_\_\_

Hereby authorize the following persons to pick up my child from Rockdale Gymnastics at any given date. I hereby agree to inform the former persons that proper identification will be required in order to pick-up my child.

PLEASE PRINT:

Name	Home Phone #	Cell Phone #	Relationship
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1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Persons permitted to pick-up child include:

Mother  yes  no    Mother's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Father  yes  no    Father's Name \_\_\_\_\_ Phone# \_\_\_\_\_

Guardian  yes  no    Name \_\_\_\_\_ Phone # \_\_\_\_\_

Persons NOT permitted to pick-up child:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

I hereby agree that if the above authorization for pick-up of my child changes, I shall immediately contact Rockdale Gymnastics and submit a revised authorization form.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

Parent's Phone Number: ( \_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ or contact number



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## DAILY CHECK LIST

**LUNCH** - Please send a nutritious sack lunch each day. We also suggest a refillable water bottle to keep your child(ren) hydrated throughout their busy day. Snacks may be purchased for \$.1.00 each and Coca-Cola products are on sale for \$1.50 each. We also have juice boxes available for \$.1.00 each and bottled water for \$1.50 each. Please no microwavable food.  
**NO GUM WILL BE ALLOWED!**

**SUNSCREEN** - NON-COLORED SPF of 15 or higher is required for each camper. PARENTS please apply sunscreen before morning drop-off; it works best when applied well before exposure to the sun.

**SWIM GEAR** - Bathing suit and towel. IF THE SWIM SUIT IS LEFT AT HOME, THE CAMPER WILL NOT SWIM THAT DAY.

**CLOTHING** - Athletic dress (t-shirts, shorts, socks, and tennis shoes) is REQUIRED for all outdoor activities. A ball cap or other head covering is also recommended.

**SMALL GYM BAG** - clearly labeled with child's name and home phone number.

**ELECTRONICS** - Cell phones, iPods, iPads, iPhones, Blackberries or etc, are NOT ALLOWED at camp. If these devices are found by a coach, they will confiscate and held in the front office until the parent arrives. When applicable, music will be provided. These items distract from the sports activities and tend to be "borrowed" or lost or damaged.

**MONEY** - a \$10.00 punch card will be available for drinks and snacks. Parents may purchase the punch cards during drop off times in the morning. It is not recommended for campers to carry loose change in pockets or gym bags. It may get lost or stolen.

**\*\*\*PLEASE LABEL ALL PERSONAL BELONGINGS WITH CHILD'S FULL NAME!! \*\*\***

THE STAFF OF ROCKDALE GYMNASTICS IS IN NO WAY RESPONSIBLE FOR PERSONAL BELONGINGS LEFT IN THE GYM, AFTER 30 DAYS, LEFT ITEMS WILL BE GIVEN TO CHARITY. PARENTS MAY LOOK IN LOST AND FOUND BIN WITH STAFF ASSISTANCE.





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## DAILY ITENERARY

- 7:30-9:00 a.m.**     **Pre-camp drop off:** Please use main entrance in the front of building. Camp activities begin at 9:00 a.m. so PLEASE arrive BEFORE 9:00 A.M. especially on Mondays when the coaches are forming the groups for the week. Pick up in the afternoon is in the rear of gym thru Karate entrance.
- 9:00-9:30 a.m.**     **Roll call and Grouping:** Campers will be grouped according to their age and ability.
- 9:30 a.m.-NOON**     **Morning Activities:** (25 minute rotations) this includes: Outdoor games, Indoor games, Gymnastics, Bungee swing, Zip line, Rock wall climbing, Giant inflatables, Snack time, Karate, Foam pit jousting, and Swimming (weather permitting).
- 12:00-12:30 p.m.**     **LUNCH:** Please send a healthy sack lunch each day. Snacks from the vending machine are not a sufficient lunch for these campers!!  
*Microwave and refrigeration is not available*
- 12:30-3:30 p.m.**     **Afternoon Activities:** (1 hour rotations) This includes Swimming, Open gym, Team sports, (including indoor and outdoor.)
- 3:30-4:00 p.m.**     **Clean up:** All campers are expected to help tidy up the gym, to gather all their belongings, and be ready for pick-up!!!
- 4:00-6:00 p.m.**     **Post Camp Pick-Up:** Please pick up your child by 6:00 p.m. **NO LATER!!** Make sure you pick them up **FROM THE REAR KARATE STUDIO ENTRANCE!!**  
***PARENTS YOU MUST SIGN YOUR CHILD OUT! With ID***

**VERY IMORTANT!** The Coaches and Staff of Rockdale Gymnastics want to offer service of the highest quality. In order to do our best, we need time to rest and be with our families. Parents, we have extended our hours to meet your very busy schedule. **PLEASE PICK UP YOUR CHILD (REN) BY 6:00 P.M. SHARPIII!** When parents are late, coaches must be paid over time to monitor campers. This extra expense will be passed on to the late parents in the form of a **\$10.00 late fee for every 15 minutes late.**  
We thank-you in advance for your cooperation